



## RETURN TO COMPETITION SAFETY GUIDELINES

The MAIS and its member schools are committed to returning to athletic activities with a common-sense approach to ensure safety at the competition sites. We have outlined several safety recommendations for all attendees and encourage they follow these guidelines to the best of their ability. *Schools are encouraged to create their own safety guidelines to ensure that players and coaches are safe while competing.*

Coaches/Players	Patrons/Spectators	Officials	Staff
<ul style="list-style-type: none"> <li>• Face coverings optional</li> <li>• Pre-game meetings permitted (physical distancing)</li> <li>• No pre- or post-game handshakes</li> <li>• Maximum of 20 people in the team area; others must be outside team area</li> <li>• No shared water coolers in team area; each participant to have his/her own hydration</li> <li>• Sanitize team area prior to and after each game</li> <li>• Must exit facility as soon as possible after the game</li> </ul>	<ul style="list-style-type: none"> <li>• Face coverings optional</li> <li>• If gate fee is charged, recommend a team gate fee prior to competition rather than charging individual fees</li> <li>• Physical distancing enforced (6ft.)</li> <li>• Sitting with family members is permitted (no more than 20 per group)</li> <li>• Must exit facility following the game</li> </ul>	<ul style="list-style-type: none"> <li>• Face coverings optional</li> <li>• Pre-game meetings permitted (physical distancing)</li> <li>• No hand shakes</li> <li>• Physical distancing required when possible</li> </ul>	<ul style="list-style-type: none"> <li>• Physical distancing required</li> <li>• Concession staff must wear masks and gloves</li> <li>• Sanitization stations set up and accessible to patrons</li> </ul>

## Safety Guidelines Explained

Below is similar information as noted on page 1 with some additional explanation of the safety policies.

**\*\*If you are experiencing fever or symptoms of illness of any kind, please do not enter the competition site\*\***

### **Teams, Players and Coaches**

- Wait outside the facility until scheduled arrival time
- Minimize player and coach contact by eliminating handshakes and high fives
- Use other means of celebrating and team sportsmanship prior to, during, and after the game (tipping the cap, thumbs up, wave)
- Only 20 players in the team area at a time; additional players can wait outside the team area
- Prior to each game, teams or staff should clean and sanitize the team area
- Teams or staff should clean and sanitize the team area after each game
- No water coolers in team areas; players and coaches should utilize personal hydration methods

### **Patrons, Fans, and Parents**

- Wait outside the facility until 20 minutes before game time
- Practice physical distancing from non-family members while spectating
- Wash/sanitize hands regularly

### **Officials**

- Must practice physical distancing when possible
- Encouraged but not required to wear face coverings during the games
- Pre-game meetings are allowed, but physical distancing is required
- If officials locker room is available, practice physical distancing

### **Staff**

- Must wear face coverings and gloves if working concessions or taking money at gate
- Wash/sanitize hands regularly
- No handshakes with staff, players, coaches, and attendees; practice physical distancing
- Encourage all attendees to practice physical distancing at the ballpark
- Create one-way entry and exit gates where possible
- Restrooms to be sanitized every two hours and re-stocked with anti-bacterial soap
- Team areas to be sanitized before and after every game
- If officials locker room is utilized, should be cleaned and sanitized prior to and following use

## **Practice/Workout Guidelines**

### **Athlete/Coach Guidelines**

- Upon arrival to the facility, athletes and coaches should have a check-in point for questioning and to make certain that no signs of illness are present. Temperatures may be screened, as well. Access to the facility should be denied if any of the following criteria are met:
  - A temperature of 99.9 degrees or above
  - Signs or symptoms of a respiratory infection, including cough, shortness of breath, sore throat, or the aforementioned fever
  - In the previous 14 days has had contact with someone with a confirmed diagnosis of Covid-19
- A positive test for Covid-19 for any athlete or coach will result in the following:
  - The individual will not be allowed to return to campus until cleared by their physician, with such clearance in writing
  - All individuals who have been in contact with the infected person will be quarantined and not allowed to return to campus for 14 days, contingent upon clearance by their physician, with such clearance in writing

### **Cleaning Procedures**

All facilities in use should be deep-cleaned daily after any use. Approved cleaning supplies and implements should be available through the facilities, and any shared equipment or areas should be cleaned between uses by either staff or student-athletes under the supervision of staff.

### **Group Sizes**

All activities should be arranged in such a manner as to allow for physical distancing and to meet current required protocols of groups of 20 or less. For instance, a baseball team with 38 total members and 4 coaches should be divided into a minimum of 3 groupings for practice; i.e, one group of 14 in the weight room, one in the batting cages, and one group of 14 on the field. If more than one group is on the playing field, they should be in two distinct areas of the playing surface. A football squad with 100 players and coaches could utilize the weight room for a group of 20 (provided there is adequate space to allow physical distancing) and each of the four quadrants of the football field could be used for groups of 20 or less.